



金基善慈銀高
CHARLES K KAO FOUNDATION
for ALZHEIMER'S DISEASE

ANNUAL REPORT 2020-2021

Charles K. Kao Foundation for Alzheimer's Disease

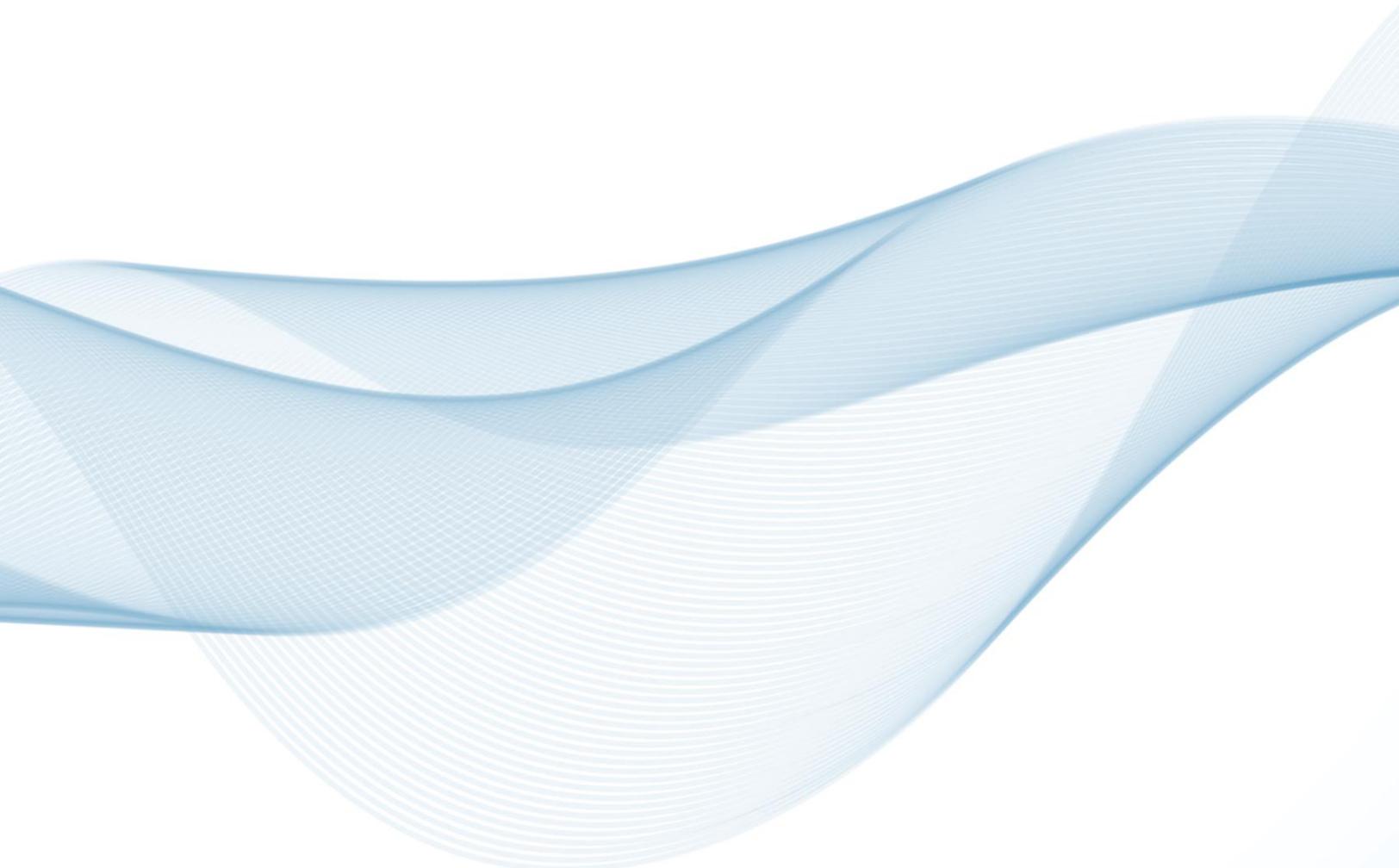


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ABOUT CHARLES K. KAO FOUNDATION FOR ALZHEIMER'S DISEASE

Mission

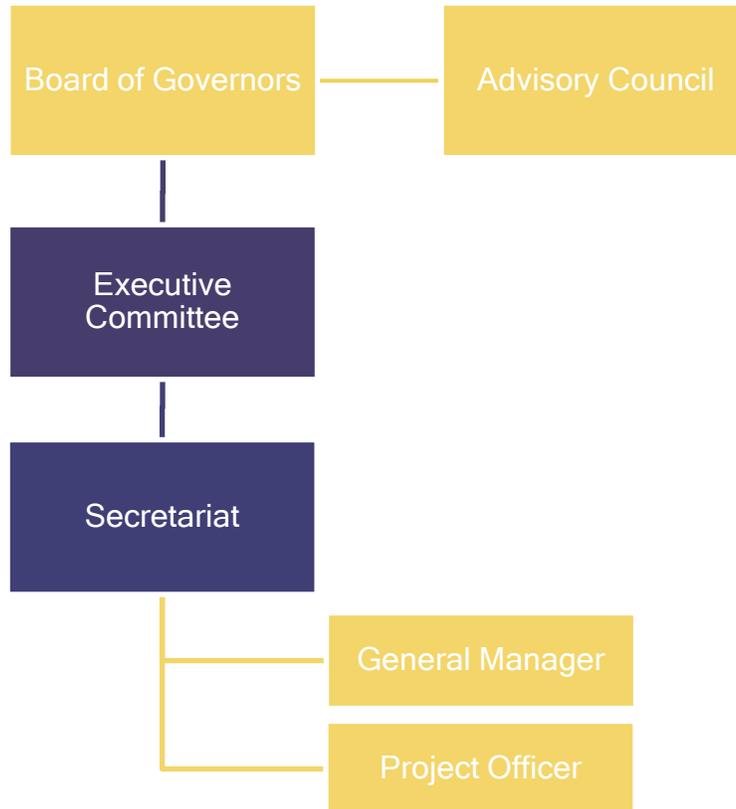
Charles K. Kao Foundation for Alzheimer's Disease (the "Foundation") is a registered non-profit making charity organisation founded in 2010 by the late Professor Charles K. Kao and his wife, Mrs Gwen Kao.

The Foundation aims to:

- raise public awareness of Alzheimer's disease/dementia;
- educate the general public on brain health care strategies;
- enhance care and support to Alzheimer's/dementia patients, their families and caregivers;
- encourage and facilitate co-operation amongst various organisations, such as universities, government departments and non-governmental organisations to enhance resource allocation and education, thereby further benefitting Alzheimer's/dementia patients and their families and strengthening the support system.



Organisational Structure



Board of Governors	Advisory Council
Chairman	Chairman
Mrs KAO Wong May Wan Gwen	Dr LEONG Che Hung
Governors & Executive Committee Members	Members
Dr CHIU Ha Ying	Mrs CHAN Tong Chee Ching Diana
Mr LAI Kam Cheung Michael	Dr DAI Lok Kwan David
Mrs LEE Pui Ling Angelina	Dr KONG Ming Hei Bernard
Dr LO Wing Yan William	Prof. TSIEN Wong Bik Kwan Teresa
Mr TONG Sai Wong Alan	Dr WU Yee Ming
Governors	
Prof. SUNG Jao Yiu Joseph	
Prof. TSUI Lap Chee	
Dr MONG Tak Yeung David	

SERVICES

Jockey Club Charles Kao Brain Health Services

The Project has entered into the second year of its Phase III since October 2019. The outbreak of COVID-19 has caused disruption to the Project. Certain physical activities such as roadshows have been suspended during the first two quarters as the epidemic was peaking.

We have made use of various electronic means to maintain our services to the public, namely:

1. Early screenings were provided online.
2. Carer group training was provided via WhatsApp.
3. Individual training was conducted face-to-face as well as via video call. Progress was being followed up via WhatsApp.
4. Carer engagement programmes were launched on the Project's Facebook page.
5. Talks were hosted via Facebook Live.
6. Service users were kept in touch and followed up with telephone call.

We have revised the Resources Book and Training Manual in order to provide the most up-to-date and more comprehensive information.



Supporting Charity Case for Using Day Care Service

The Foundation joined hand with the Christian Family Service Centre for the second year to provide subsidies to low-income families having the need to care for dementia patients to use the day care services provided by the Mind Delight Memory and Cognitive Training Centre while the patients were waiting for government services.

The Programme has received positive feedback and the Foundation plans to continue to fund similar programmes to provide support to patients and caregivers from low-income families to help relieve their financial and caregiving burden.



Cognitive Stimulation Therapy for Deprived People with Dementia

The Project started in October 2019 and had been extended to May 2021 due to the pandemic.

The plan to recruit volunteers to conduct training under the supervision of the certified trainer has been postponed. Nevertheless 20 in-fielders including social workers, nurses and occupational therapists have been trained.



Brain Health Education Programme

Our Brain Health Education Programme targets towards primary and secondary school students with the aim to enrich their understanding of the disease, and to encourage them to care for the elderly.

Ethnography Drama Workshop and Showcase Performance

Phase III of the Project was suspended between February and September 2020. We were able to resume in October 2020 and recorded the performance for viewing in school. There were around 400 Form 3 to Form 5 student viewers.



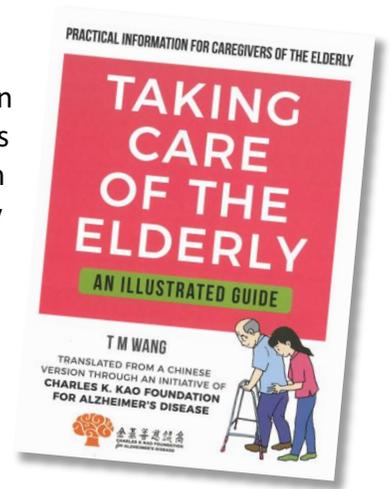
Puppet Show

Due to COVID-19, the puppet show has been suspended since January 2020. In view of the situation, we have made preparation for changing the physical in-school performance into a video format with guided appreciation via live streaming. The new video show will start in the second half of 2021.



Taking Care of the Elderly

In 2017, our Foundation published the “Taking Care of the Elderly – An Illustrated Guide”, an English equivalent translated from Dr T.M. Wang’s Chinese version. The book provides practical tips of caregiving for foreign domestic helpers and the English-speaking community and offers plenty illustrations to facilitate easy understanding. Sales and distributions of the book are continuously promoted through our Facebook page and at events in order for this useful knowledge to reach more people.



EVENTS AND ACTIVITIES

Fundraising and Beneficiary Events

Christmas Fundraising Campaign

The Charity Sale for Christmas 2020 at Festival Walk was cancelled due to the pandemic. But two donation boxes were set up at the premises to collect donations. We would like to take this opportunity to thank Festival Walk for their continued support over the past ten years. We hope to return to the stage under their tallest Christmas tree in Hong Kong next year.



Mapletree & Festival Walk Mask Donation

We would like to express our heartfelt thanks and gratitude to Mapletree and Festival Walk for once again supporting our Foundation! Over 30,000 masks have been donated to us for distribution to our project partners, benefitting various users of dementia-related services and elderly services.

Meiriki Japan Creative Award 2020

The Foundation was once again honoured to participate as one of the judging panel members of this meaningful annual award. Due to COVID-19, this year's final presentation was conducted via online video conference. The theme for this year is "Healthy Eating: Declutter". In addition to enriching their experiences through the competition, students can also use their expertise and creativity to care for and give back to the community - the very reason that our Foundation has always been supportive of this award.

Public Relations and Media Coverage

Dialogue on Character

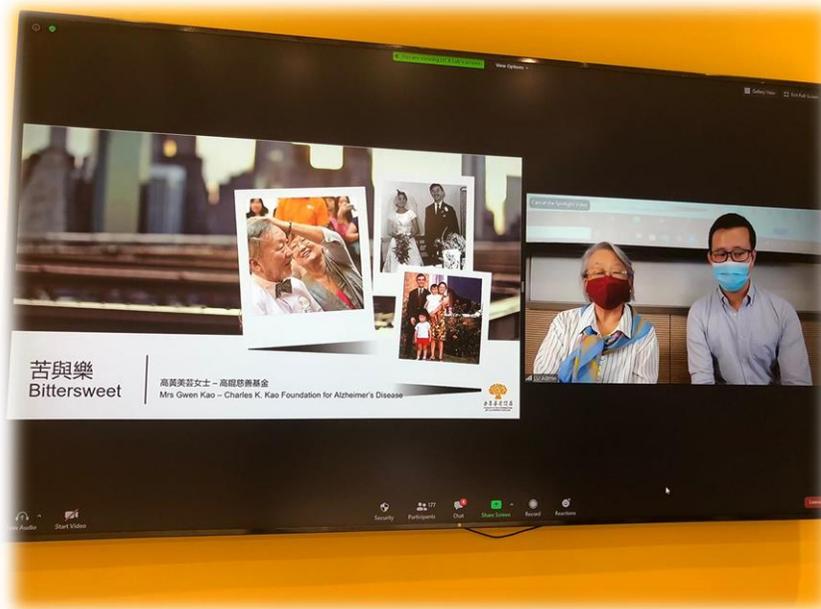
In July 2020, Foundation Chairman Mrs Gwen Kao attended the “Value Exploration Series” of the I-CARE Achievers Programme as a guest.

Titled “Dialogue on Character”, this activity has recently been rolled out by the I-CARE Centre for Whole-person Development of CUHK. In the programme, Mrs Kao and the two hosts, Professor Joseph Sung and Professor Edwin Chan exchanged views on the topic of “Live in Hope” and shared their beliefs and life stories, enlightening the participants on how positive character traits are intertwined with personal success and achievements.

Talk @ Tuen Mun Hospital

The Foundation has always participated in the various health events organised by public hospitals.

On 21 September 2020, World Alzheimer’s Day, Foundation Chairman Mrs Gwen Kao gave a heartfelt online sharing for Tuen Mun Hospital about the sweet and bitter moments of her caregiving journey, with the aspiration that her experiences can contribute to the strengthening of patient support, empowerment and the quality of care.



Virtual Fair

The Foundation participated in the “Virtual Fair of Jockey Club Post-diagnostic Support in Dementia Care Programme” and set up a virtual exhibition booth to showcase our work. It was also a good experience to work with technology to cope with the pandemic.



Elderly Care Conference

The Foundation is always concerned about elderly welfare including their care. In March 2021, we participated in the “Re-enablement Care Asia Conference”, the first of its kind in Hong Kong, organised by Christian Family Service Centre and Evangelical Lutheran Church of Hong Kong, to learn more about this elderly re-enablement care model and its application to dementia care.

- The End -